

MRCGP [INTERNATIONAL]

BRUNEI

2018

INFORMATION BOOKLET

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Introduction

This booklet contains information on MRCGP [International] held in Brunei Darussalam.

The award of the Membership of the Royal College of General Practitioners (MRCGP) has long been established and recognised as a leading worldwide standard of assessment for primary care physicians. In response to overwhelming requests from family doctors and national organisations, the MRCGP [International] has been designed to reflect local practice.

Brunei is the first country in the South East Asia region to be granted the Host Examining Body status from the RCGP UK in 2005. The aim of the examination is to ensure high level of competency in clinical care of patients, indicated by scientific knowledge, clinical skills, attitudes, values and leadership qualities.

Eligibility to sit for the MRCGP [International]

Suitable applicants should fulfil the following criteria:

1. Currently in clinical practice
2. Bruneian candidates working with the Government
 - a. Have undergone three years of structured Vocational Training Scheme (VTS) in primary Health Care AND
 - b. Have successfully completed at least two years of the Masters of Science in Primary Health Care programme
3. Other candidates (including international candidates, expatriate doctors working in Brunei Darussalam, and Bruneian doctors working in private sector)
 - a. Have undergone three years of structured Vocational Training Scheme (VTS) in primary Health Care OR
 - b. A minimum of five years independent clinical experience in primary health care

When you have passed both modules of the examination within the time allowed (3 years), you may apply for International membership from the Royal College of General Practitioners.

MRCGP [International] Brunei Examination Syllabus

The syllabus of the MRCGP [International] Brunei examinations is based on the GP curriculum of the Royal College of General Practitioner. The syllabus must be read with the curriculum statements available in the website: <http://www.rcgp.org.uk>.

The examination takes into consideration diseases prevalent in the regional content. Legal and regulatory framework will not be covered in this examination. Candidates are not required to know the specific of the UK health care delivery system although the basic principles of clinical care still apply.

MRCGP [International] Brunei Examinations

The MRCGP [International] Brunei Examinations is held annually in November. The criterion-referenced examination consists of two modules:

Module 1 Applied Knowledge Test (AKT) – to be held on Friday 9th November 2018 (morning)

Module 2 Objective Structured Clinical Examinations (OSCE) – to be held on Sunday 11th November 2018 (all day)

The two modules above are independent modules. To gain the qualification of MRCGP [International], a candidate must pass both modules of the examination within a three-year period.

MRCGP [International] Preparatory Course

There will be a two-day exam preparation course a few months before the exams, and will be held on 25th and 26th August 2018.

The exams and course are held at the PAPRSB Institute of Health Sciences, Universiti Brunei Darussalam.

The course will only be confirmed when a minimum of 5 participants have submitted their application forms by 15th July 2018. Once the course is confirmed, we will inform you via email soon after that. The payment should then be made latest by 31st July 2018.

Content of the MRCGP [International] Examinations

Applied Knowledge Test Paper

The multiple choice paper is the machine-marked written module which is designed to test both your core and emerging knowledge about general practice and, more importantly, the deeper understanding and application of that knowledge. Each question in the paper is intended to explore a topic of which an ordinary General Practitioner or GP Registrar could be expected to have a working knowledge. The paper will last three hours and twenty minutes.

The paper can be described in terms of its content, and its question format.

Content

The paper comprises questions of relevance to general practice from the following key areas:

❖ Medicine	80-90%
❖ Administration and management	5-10%
❖ Research, epidemiology and statistics	5-10%

❖ **Medicine, which is tested under the following areas, in approximately equal proportions:**

- Cardiovascular
- Respiratory
- Dermatology / ENT
- Ophthalmology
- Endocrinology / metabolic
- Gastroenterology / nutrition
- Infectious diseases / Travel medicine
- Haematology / Immunology / Genetics

- Musculoskeletal/ Orthopaedics
- Paediatrics
- Pharmaco-therapeutics
- Psychiatry
- Neurology
- Renal/ Urology
- Men's Health
- Women's Health

❖ **Administration and management, including:**

- Ethico-legal issues
- Professional regulation

❖ **Research, epidemiology and statistics, including:**

- Assessing the quality of care
- Principles of audit
- Understanding and application of the terms used in inferential statistics and evidence-based medicine.
- Knowledge of statistics and research methodology, sufficient for the critical appraisal of published papers.

The number of items in each of these three main headings areas is constantly under review and inevitably there is some overlap between them.

Questions are derived from accredited referenced sources, including review articles and original papers in journals readily available to all general practitioners; primarily from *Clinical Evidence*, *British Medical Journal*, *British Journal of General Practice*, *Drugs and Therapeutics Bulletin* or *Cochrane Reviews* and current guidelines from NICE, SIGN etc. The current edition of the British National Formulary is the reference source for therapeutics questions, including the general information on

prescribing. Some questions may refer to the unlicensed but widely accepted use of specific drugs.

Some of these questions relate to current best practice. They should be answered in relation to published evidence and not according to an individual's local arrangements.

Calculators are NOT necessary for statistical questions and so are NOT allowed in the examination.

Pictorial data such as charts, risk charts and photographs may be included in the questions.

QUESTION FORMAT

Applied Knowledge Test (AKT)

The paper format consists of Single Best Answer (SBA) questions in which a statement or stem is followed by a variable number of items, only one of which is correct.

For example:

In the management of croup in a 2-year-old child, which single best treatment has been shown in randomised control clinical trials to shorten the course of the condition?

- A Administer inhaled budesonide
- B Administer inhaled salbutamol
- C Administer inhaled ribavirin
- D Prescribe amoxicillin 125 mg t.d.s. for five days
- E Prescribe paediatric cough suppressant containing codeine

The maximum number of items in the paper will be 200.

Objective Structured Clinical Examinations (OSCE)

Aims and Domains

The evidence base of practice
Application of Knowledge
Problem-solving – case specific
Personal care
Verbal communication

Sample Question – Insomnia

Instructions to candidate

This 21-year-old woman, Aishah, is consulting you for the first time. Please take a history and advise against regarding management of the problem.

Criterion – Marks will be given for exhibiting the following criterion:

Information gathering skills

Clarifies the problem
Systematically gathers relevant information
Conducts appropriate examination
Uses instruments confidently
Identifies abnormal findings and recognises their implications

Consultation skills: Communication and Professional Attitudes

Structures consultation effectively
Establishes rapport and relationship
Acts in an open, non-judgmental manner
Explains clearly, avoiding medical jargon
Responds to needs and concerns with understanding
Involves patient and negotiates appropriately
Checks patient's understanding

Management: Treatment, Investigation, Referral and Follow-up

Addresses problems

Makes appropriate prescribing decision

Refers appropriately

Appropriate health education

Safety-netting

The MRCGP [International] Examination Fees

MODULE 1: APPLIED KNOWLEDGE TEST (AKT)	BND \$1,200
MODULE 2: OBJECTIVE STRUCTURED CLINICAL EXAMINATIONS (OSCE)	BND \$1,500
AKT REVISION COURSE	BND \$1,000
OSCE REVISION COURSE	BND \$1,000

Payment Procedure

Payment can be made by any of the following methods:

Cash

Directly to the Finance Office, Administration Block, Universiti Brunei Darussalam. Please ask for a receipt and scan it to be emailed to mrcgp.int@ubd.edu.bn, or submit a copy of receipt to MRCGP [INT] coordinator based at PAPRSB Institute of Health Sciences.

Bank Telegraphic Transfer

Transfer should be made in **Brunei Dollars** to:

Account name: Tabung Universiti Brunei Darussalam

Account no: 06-00130-265788

Bank's Name: Baiduri Bank Berhad

Address: Block A & B, Kiarong Complex, Lebuhraya Sultan Haji Hassanal Bolkiah, Bandar Seri Begawan BE1318, Negara Brunei Darussalam

Swiftcode: BAIDBNBB

A scanned copy of the remittance slip should be emailed to mrcgp.int@ubd.edu.bn.

Bank Draft

Payable to Tabung UBD and addressed to:

Bursar, Universiti Brunei Darussalam, Jalan Tungku Link, Gadong BE 1410, Brunei Darussalam

NOTE:

- Payment must be made with the completed application form
- Payment is NON-REFUNDABLE (unless applicant provides evidence of extenuating circumstances)
- Payment MUST be made in Brunei Dollars for the exact amount as stated
- The payee must bear the bank charges or exchange of currency charges

Application Procedures

Application forms can be downloaded from our website:

<http://ihs.ubd.edu.bn/mrcgp-uk-brunei/>

PAPRSB Institute of Health Sciences
Universiti Brunei Darussalam
Jalan Tungku Link, Gadong BE 1410
Brunei Darussalam

Completed application forms should be sent to the above address and the soft copy forms emailed to mrcgp.int@ubd.edu.bn. The Board reserves the right to reject application forms which are incomplete, received after the closing date or contain false information.

Form MG1 – Application form to sit for the MRCGP [International]. This form should be completed by all applicants taking the examination.

Completed application forms must be accompanied by:

1. The correct examination fee in the form of Bank Draft to the appropriate amount or a photocopy of the bank draft instruction/remittance slip if paying by telegraphic transfer.
2. Evidence of training and experience
3. Referee letter
4. Relevant official certificates
5. A valid basic life support (BLS) certificate or equivalent from an internationally recognised institution
6. Photograph

Submission of an application form will be taken as confirmation that you accept the conditions and regulations set out for the examinations. Details of the current examination regulation can be downloaded at the website.

Contact Details

PAPRSB Institute of Health Sciences
Universiti Brunei Darussalam
Jalan Tungku Link, Gadong BE 1410
Brunei Darussalam

Tel: +673 2463001 ext 2202/2204/2266

Fax: +673 2461081

E-mail: mrcgp.int@ubd.edu.bn

Website: ihs.ubd.edu.bn